

Application Information for the

Carol Lavell *Advanced* Dressage Prize

\$25,000

THE PURPOSE of the *Carol Lavell Advanced Dressage Prize*, established at The Dressage Foundation in 2005, is to provide financial assistance for coaching and training to a talented, committed, qualified rider whose plan is to reach and excel at the elite, international standards of high performance Dressage. Up to two Prizes will be available annually, in the amount of \$25,000 each, to a rider who is a US citizen, over 21 years of age, and is selected by a distinguished national panel of Dressage

leaders. Selection criteria include merit and need. Carol Lavell has achieved high marks in all phases of Dressage – an

What it is...

Olympian, rider, competitor, trainer, teacher, judge – and with her legendary horse, Gifted, brought pride and honor to our country through her performance on the 1992 United States Olympic Team. Carol Lavell knows first hand of the work, sacrifice and struggle necessary to make it to the top of the Dressage world. Through the creation of these \$25,000 annual Prizes, she wants to help other deserving riders who aspire to climb this high performance mountain.

The *Carol Lavell Advanced Dressage Prize* was initially funded by Carol Lavell, her family and friends, in special remembrance of her mother, May Cadwgan, and in honor of her father, Gordon Cadwgan. The *Carol Lavell Advanced Dressage Prize* has been established as a Fund at The Dressage Foundation, which will administer and manage the Fund and its application process, procedure, and distribution. The Directors of the Foundation are deeply committed to the continuation of the Dressage Prize. They express their hope that the recipients of the Prize will demonstrate, each in his or her own way, their future support for the Foundation and the Prize.

The application process is described on the following pages. For further information and questions, contact The Dressage Foundation.

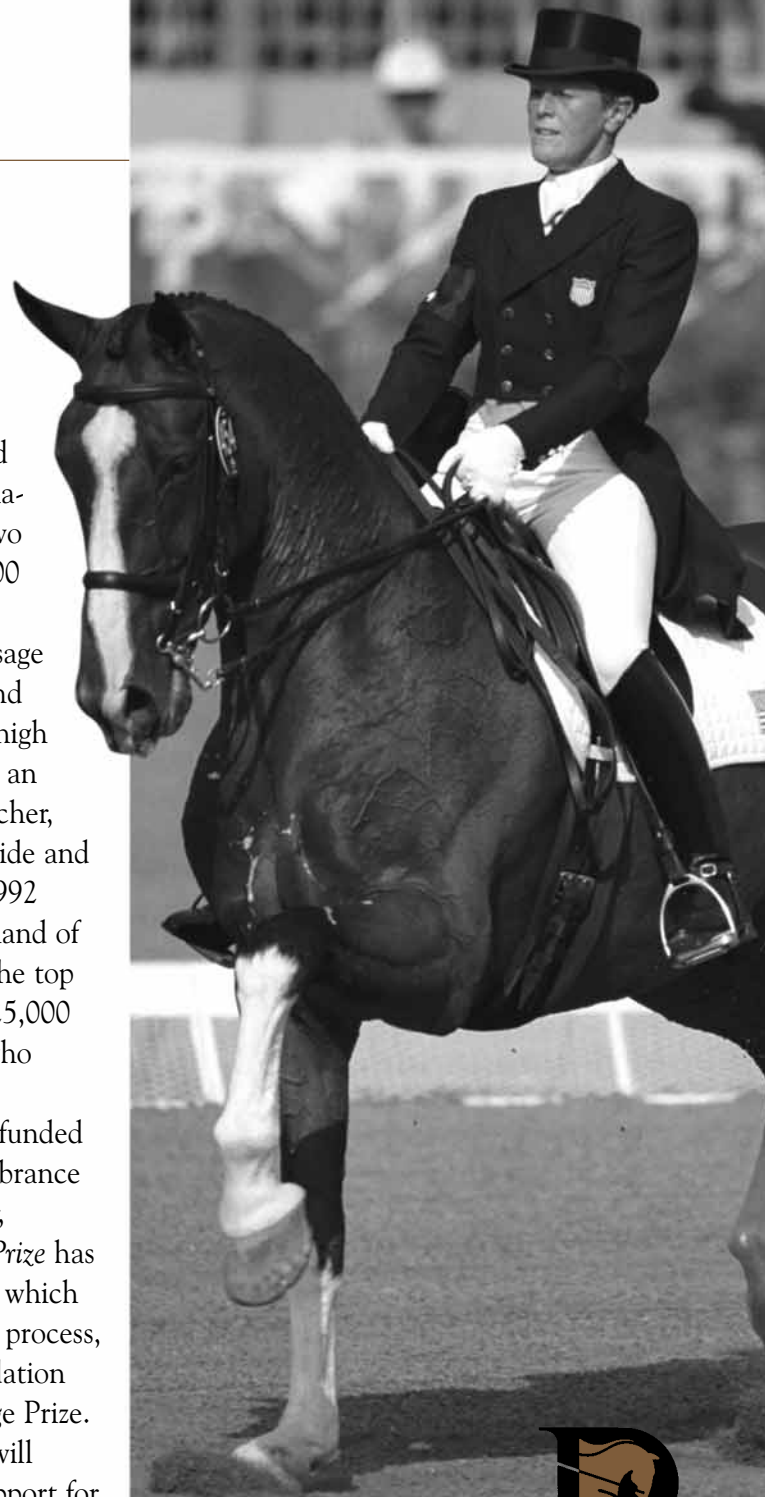


Photo courtesy of Bob Langrish

Carol Lavell *Advanced* Dressage Prize

Who should apply...

- ~ A talented, committed, qualified rider whose plan is to reach and excel at the elite, international standards of high performance Dressage.
- ~ A rider who shows merit and need.
- ~ A model of both horsemanship and sportsmanship - a person who actively demonstrates the 3 C's: Courteous, Considerate, Cooperative.
- ~ A rider who respects horses and humans alike.
- ~ Someone who will use the funds for further education of the horse and rider *team*.
- ~ A rider whose horse teammate has potential to grow and succeed at High Performance Levels.

Applicants can re-apply for the Prize each year.

The Carol Lavell Advanced Dressage Prize winner will be announced in February each year.

The Carol Lavell Advanced Dressage Prize must be used for training expenses; it cannot be used for the purchase of a horse.



How to apply...

The following list of subject categories *must* be included in your application, which is to be typewritten or computer generated. No handwritten applications will be accepted.

Outline of Application Information

- 1. Personal Information:** Complete and sign the attached form at right. Include this as your cover sheet.
- 2. Education Record:** Outline your general education history, schools attended, location, and undergraduate, graduate degrees, along with any special courses, training or continuing education you have taken.
- 3. Employment Record:** Outline your employment history, working from the present backwards, giving us employer name/s, location, dates of employment, and brief descriptions of your work.
- 4. Your Dressage Plan:** Please give us your Plan for progression to competitive excellence at the high performance levels of Dressage. Be thorough, but succinct. We want your blueprint of *what* you want to achieve, *how* you plan to get there, *who* you will train with, and by *when* (your estimated timeline to reach your *goal*). Outline your Training plan from the two previous years, and your Plan for the coming year. Include your upcoming competition plan.
- 5. Your Dressage Resumé –History, Background, Training, Performance:** Please give us a complete resumé of your Dressage history to-date. This should include your training, instruction, competition record (National and International), levels at which you are riding, scores, clinics/symposia in which you have ridden, details of instructor or judge certification, your national ranking by USDF, USET Foundation,

USEF, awards, honors, and recognition you have received. Tell us of your participation (eligibility) record at USEF National Championships, participation in High Performance Training sessions, record of training and coaching experience from professionals, along with anything not mentioned here which you believe would be useful and helpful for us to know. Describe your horse(s), who will be your team-mate(s) carrying you to the upper ranks of our sport, and will help you reach your Dressage goals and objectives. Name your primary horse along with other horses that you are currently training.

6. Financial: Tell us about your financial needs, and how this \$25,000 Prize will help to translate your Dressage Plan into action. Give us a line item pro-forma budget of the estimated costs to fulfill your Plan, based on the details you provided in #4. What kind of financial assistance and/or sponsorship have you received to get where you are now? Provide sponsor names, dates, and what/how much you have received.

7. Required Application Attachments:

- a) Recommendation letters from one (1) "R" Judge, one (1) "S" Judge, and one (1) "I" Judge. Do not request and submit reference letters from "O" Judges. The Selection Committee may want to consult with "O" Judges about the finalists' applications.
- b) Two (2) letters of personal recommendation from Dressage Professionals who have high performance credentials.
- c) DVD of you and your horse(s) that include training progress made in piaffe, passage and collected canter work.

8. Mailing Instructions: The Dressage Foundation requires that **seven (7) complete sets of your application** be sent to the Foundation office by **December 13th** each year. We will not accept applications after this date. Application items will not be returned to you.

Mail application to:
The Dressage Foundation
1314 'O' Street, Suite 305
Lincoln, NE 68508

Application Form

PLEASE PRINT LEGIBLY

NAME

STREET ADDRESS

CITY

STATE

ZIP

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PHONE

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CELL PHONE

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FAX

E-MAIL

I have read all the information and understand the requirements for using the Prize funds for furthering my Dressage education with my horse(s). If I am selected, I agree to use the funds within two years following the announcement date, with my chosen and approved trainer, based on my detailed training plan included in this application. I understand that I will receive an initial grant of \$20,000 one month before I begin my training, and \$5,000 at the completion of my training and the submission of a written report to The Dressage Foundation. The report will include details of my training program, a financial summary of expenses, and documentation and results of competitions attended. I will send this written summary to The Dressage Foundation within three months after I have completed my training. I attest that I am a citizen of the United States of America.

SIGNATURE

DATE

View from Carol Lavell: On Mountains and Molehills

For aspiring international riders, pressure to achieve their goals can become a great burden. Each must deal with competition nerves, learn how to use failure as motivation instead of termination, and perhaps find time to meet the demands of a family when the demands of the goal require months away from home.

For most, obtaining financial support becomes the ultimate hurdle. Some find that this goal can only be achieved by competitive success. Yet, success cannot be without failure along the way: Gifted was last in his first European Grand Prix. I discovered that “acceptance” was not my strong suit.

When an international trainer announced at a dinner, “You know, Carol, your horse will never win a medal with you riding,”

I got motivation! Being last was past, but it would take more time, more coaching, training, and more dollars.

The road to the top is very difficult: some ways are more bumpy than others, some are more crooked, and some are dead ends.

My Olympic dream came true only because my road was paved with many generous supporters who gave not only dollars, but

also tack, equipment, and even discounted transportation. I hope this prize will smooth the bumps for those deserving riders and horses on the road to their dreams.



Carol Lavell



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